



New Trends  
in Psychology

## The Human being is a Complex Matter

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**Abstract:** Human being is analyzed from a physical, biological and psychological, sociological, spiritual point of view. What we know from a medical point of view is that the mental state is given by a plus or minus at the level of neurotransmitters (serotonin, dopamine, adrenaline, endorphins). We refer to the emotions of the embryo and at the level of neurotransmitters or the brain in general, while psychology has such quite valid research that influences even the decisions in medical therapy. Because only God knows how it is processed, the medical world not having access to its knowledge.

**Keywords:** man; emotion; psychic; behaviors; love; symbiosis

### 1. Introduction

Human being means life, it means birth and death. It forms groups, societies, peoples, ethnicities and religions. Human being is analyzed from a physical, biological and psychological, sociological, spiritual, etc. point of view.

In this article we have pointed out some manifestations, phenomena, behaviors explained from a psychological point of view linked with the areas mentioned above.

We will start with the emotions which by definition is a mental state caused by several internal or external stimuli as the case may be. They were analyzed by

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Aristotle, Darwin, Descartes, as well as many neurologists from the last century. All these great people have found that emotions influence, if not coordinate, behaviors.

What we know from a medical point of view is that the mental state is given by a plus or minus level of neurotransmitters (serotonin, dopamine, adrenaline, endorphins, etc.) these being the chemicals that contribute to the formation of synapses under the amplification of nerve impulses in the brain. Everyone has a territory and everyone is responsible for certain human states. We also know that the location of the emotions bearing the medical name has been precisely located: the Limbic System, which consists of the cingulate area, the hypo calm, the amygdala.

This is an unseen but functional part of the human brain or structure. What is observed from a medical point of view on a visible analysis are symptoms such as: sweating, redness of the face, irritability, hypervigilance, change in facial expression, gestures of the arms and legs, etc. However, many of these manifestations are also found in animals without endowing them with cognitive structure. There is also pleasure and anger in the animal kingdom and some examples at hand are the grin, the growl in dogs, the tone in cats, their relaxation when they are petted. A real fact transposed into a feature film is owned by the film Hachiko, which shows loyalty when his master dies by the fact that he went to the train station every day to wait for him in the hope that they would meet again.

In conclusion, emotions are present in both humans and the animal kingdom, researched in detail by professionals to take their place in medical anatomy and phycology.

Psychology is a science that recognizes the contribution of philosophers and monks, of the spirit in the formation of man from the embryonic stage. There is not much research in the medical field on the emotions of the embryo and here we are referring to the level of neurotransmitters or the brain in general, while psychology has such quite valid research that even influences decisions in medical therapy. There are quite a few explanations for the type of family conflicts, the condition of the mother carrying her baby, etc. This little foray started with everyone asking, "Why are we getting sick?" and the answer is one - from emotions. The emotions that we tried to explain from a medical point of view, where things are so simple and which are due to tests that indicate certain concentrations of neurotransmitters or brain damage. But psychologists use medical information to a small extent and look at man as a being with needs, feelings and reason, always able to find the resources to move into a state of well-being.

From a psychological point of view, the disease is not a catastrophe, but an attenuation of some imbalances in thinking that are preceded by dysfunctional behaviors.

Man uses and abuses all existing emotions or we know that the adversary of good is too good to produce major imbalances in the human psyche. The acute desire to stay only in pleasure leads him to the unnatural, he deprives himself of needs that can only be met with effort and in the long run they contribute to his well-being. It is known that laziness is based on dysfunctional thinking from a state of pleasure - the pleasure of doing nothing - which uninterruptedly leads to isolation, poverty and disease.

Aggression also falls into the next category of destructive emotions, with it we are born in a small pure measure and from it is formed the complex of Cain who tells us that we carry within us, within us, the desire to eliminate our fellows or to fools with something. This innate unconscious aggression has its solution through a forgiveness therapy successfully practiced by both psychologists and spiritual monks, it results in skin or genital diseases.

This is how destructive emotions make us sick, disrupt our personality, and even hurt those around us.

After the question "Why do we get sick?" The next question is, "How do we protect ourselves?" less true.

These emotions in our topic today are induced by thoughts.

People function as an internet network that broadcasts or catches the thoughts of others on an unconscious level. These thoughts are quite many at the level of the individual about 80,000 a day and which give a bio-chemical reaction to the body.

It is known that the stressful, bad ones cause acidity giving free rein to the bowl, while the relaxing, pleasant ones cause alkalinity with multiple benefits. Research has shown that destructive thoughts create for a long time, around 10 hours after emission, and good thoughts can only maintain a state of alkalinity for 4 hours.

The choice for the state of the body belongs exclusively to the individual who is in a state of normal brain activity. From the moment of becoming aware of these thoughts that lead to these affections, there are two working hypotheses. The first is to control by motivation, will and own action. The second is to trigger emotions but also behaviors.

We refer to physical dynamics from a psychological point of view. And here's how most people say they want to “change” or “change my partner.” It is a very present thought that provokes a lot of feelings, but the change is based on the act of will.

These thoughts are the result of personality traits and lead to personality disorders that disrupt the social and professional individual when they are unaware.

So, emotions and thoughts are interconnected and that these soul manifestations do not come from anywhere, they are manufactured at the level of the cognitive apparatus which results in feelings, comfort or mental discomfort followed by behavior.

We will review only one positive emotional side, namely love. A soul coat that we all wear and also the most coveted experience. The action of emotion is given by the verb to feel and which is also present in the animal kingdom. It manifests itself visibly between man and animal. Here things got complicated because although its existence and manifestation is not part of the cognitive apparatus, it is non-existent in animals and moreover, manifested in the plant environment. We know the experiment with the flowers that were cared for with love in parallel with hatred, we also notice a stimulation of the flowering of flowers vs the wilting of the plant. It is the emotion that produces energy. This element is explained both medically and spiritually. Pharmacology does not want to be noticed and known. But psychology implicitly uses physics and the spiritual world, and it owes its existence and power to it.

It is the only emotion that connects and gives the state of happiness. It links the body with the soul.

It is an emotion capable of manifesting itself differently in men than in women. It is an emotion due to different needs of the two sexes. There are tons of harassment actions that invoke love and are considered dangerous at the same time. There are individuals who openly share it and pay homage to it, while others keep it hidden and start wars. In the spiritual environment, love is divine, accessible and evoked, processed by its energy because only God knows how it is processed, the medical world not having access to its knowledge.

Love gives everything and accepts everything. It is the only one through which we do everything for others and through it we see ourselves united. It is the emotion by which man very often calls the divinity.

Love leads to symbiosis, a special connection with the environment, with animals, with people.

Love has become a standard, a story, a fairy tale, a perfume, but it is a construction, a development of the human being. Today it is confused with a projection, an attachment, a need.

Love, from a psychological point of view, leads human kind towards satisfaction, feeling good about someone. Love leads to pleasure. In order to be preserved, God hid it in an encrypted human system. Today it is confused with projection, attachment or need in order to fulfill desires. The moment the human being can make the difference between love and satisfaction, then this state of well-being can be preserved for years to come.

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